

"The Message"

A Newsletter from IndUS of Fox Valley

From Editors' Desk ...

When the sun rises earlier than usual and lingers longer, we know it is summer. It is time to relax with family and friends, enjoy all that the implies: picnics. season hiking, biking, swimming, camping, afternoon reading or just lazing. In this summer special issue, we bring to you a variety of summer memories of childhood in India, in Switzerland and adult years in the US, reminiscing summers past and planning for summers future.

Enjoy reading.

Sandesh

An IndUS of Fox Valley **Publication**

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The views expressed in the articles are not necessarily those of the Editors or IndUS of Fox Valley

Waiting for Summer

By Natasha Prabhakar

It was August 2003. They said summer was here.

My first summer in the Midwest.

I was clad in two layers yet.

Invited to a friend's, we were warmly welcomed into their home. Our Indian friends, who had visibly spent longer time in the country, were dressed in what could be described as a close approximation to beach clothes. On entering their living room, I felt a shiver as a draft of cold breeze hit me. I exclaimed, almost involuntarily, "the fan's on!" hostess matter-of-factly commented that it was hot, to which I indignantly retorted -"It is only 23 degree Celsius (about 72 degree Fahrenheit) and I'm waiting for summer to arrive!"

Fast forward 12 years.

(Note: in this next paragraph any reference to temperature is in Fahrenheit.)

reasonable and sensitive to their comfort forecast. while establishing a survival strategy for (Sort of like I would carry a jar of Indian in my corner of the office trying to get my the food palatable!) cold fingers to move on the keyboard. After After several years in Wisconsin, I have morning ritual of filling his giant mug of ice with chilled soda. My frozen fingers reach

for my hot cup of tea. Most people on the production floor have been dressing in shorts and sleeveless shirts weeks before.

Even though it's not quite summer according to the calendar, my friends and co -workers comment on the "warm weather". For me the temperatures do not yet indicate any change in clothing from a few months ago when we had scatterings of snow on the ground.

At work, I am faced with the daily barrage of comments from my incredulous coworkers as they come around to my corner of the office - "Are you really cold?!", "Is that a heater you have on?!", "You've got to get some meat on yourself girl!", "You've got to give up your vegetarian diet and eat some meat!"

While I've tried to make peace with weather conditions in the Midwest for the most part, I have reconciled to the fact that my tropical metabolism, which is accustomed to less I'm sitting at my desk in a fair-sized office than a degree or two of temperature room. It is a warm summer day says the fluctuation through the seasons, may never weather on my phone. The air in my office concede to the 15-20 degree temperature is set at 68 degrees. I have now haggled with fluctuations within a few hours. Hence, my my co-workers for the temperature setting to rules are to either dress in layers or carry a be maintained at 80 degrees attempting to be jacket with me no matter what the weather

myself. A compromise is reached. The AC pickles or green chilies in my purse thermostat is set at 72 degrees. I sit shriveled whenever we ate outside of home to make

several minutes, I turn on the heater under come around to appreciate family outings to my desk. This was given to me by a the beach and the water parks as I sit on a sympathetic co-worker a few years ago. beach towel, a pool chair or the hot tub at a Another colleague conducts his daily safe distance from the splash of the cold water.

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jogs and you might even occasionally catch me in a single layer of clothing! However, I am nowhere close to referring to the weather as 'hot' on what can best be described as a cool spring day. But I digress, this was supposed to be about the illusive Midwestern summer.

off all-wheel drive, stowing away snow park or exploring other unseen wonders shovels and plows and being able to step of Wisconsin. For others like me, who out into the morning without the struggle do not have a green thumb, we anticipate of winter gear! But summer also means the farmer's markets eagerly - fresh planning vacation time with family, rhubarb, kale, cucumbers and hot chili attending local festivals, hiking, visiting peppers nature centers/parks or simply taking a community. relaxed afternoon walk with friends or

outdoor activities like bike rides and bunch of kids or simply a summer from India and more to do with my potluck picnic.

Since summer is my time for fearless driving, this is my time to plan road trips. However, summer also brings with it the joys of gardening, combined with some drudgery of yard work. This citybred girl is happy to give up gardening and yard work for an afternoon visit to a Summer to me here means taking my car local festival, a historical site/museum/ grown by the Hmong

On a concluding note, over the years I family. It has meant, trips to the zoo, a have realized that my intolerance of the

I will admit I have grown to enjoy Brewer or Timber-rattler game with a cold has less to do with the fact that I am personal unique make up. It's a case of a high "boiling point"! For me, summers will always be too short and therefore ample reason to relish the warmth the season brings. At the end, memories have a longer shelf life than seasons so I encourage you to take time out to build your own.

> Originally from New Delhi, the author Natasha Prabhakar graduated from Indraprastha College, Delhi University with Honors in History. Thereafter she pursued a PG Course from the Dept of Tourism and worked for several years in Marketing, Operations and Customer Service before getting married and moving to Fond du Lac, WI. She now resides with her two sons in Fond du Lac.

The Smell of Wild Carnations

By Ruth Mansukhani

The moment I detect a whiff of a wild the next melody. The feeling of timeless reverberating bang of a cannon shot instantly back in time and space...

It is the evening of the second Monday in July, 1964, and I am sitting on the steps of our old neighbor's house next to the Markthalle.

I am not alone on the wide stone steps between the fragrant pots of wild carnations: about a dozen neighbors of varying ages are together here in front of the impressive half-timber building. Susan and Bernhard are children, whereas, the Buehler sisters are in their 70s and grew up with my grandmother. In between we have several teenagers, including my brother and me, our parents, and the children's (Susan and Bernhard) grandparents. We are listening to the band playing on the nearby Thutplatz.

When the last notes of the boys' band's concert echo off the walls, we are all in a good mood and looking forward to the coming festivities. Then one of us, and I don't remember who, hums a tune of Since we live right next to the church I one of our many folksongs. One by one, am awakened the next morning at 6 am we slowly join in. We look at each other by the ringing of the 6 large bells in the happily and immediately continue with church tower. I am then startled by the

pink carnations I am transported unity is overwhelming, and a deep from the nearby hill. Moments later, still word in between the songs somebody streets sounding the reveille. starts the next, and everyone joins in By 9 am I am standing in the crowd effortlessly.

> been working all evening to make the the ages of 5 and 16, wind their way thousands of Wurstweggen to be sold through half the downtown to the next day. When the first ones come out church. The girls are in white dresses of the oven Herr Favre, the baker, takes carrying bouquets of flowers, and the a break and lets us know that they are boys are dressed in their best pants with ready. We get to try the first batch! The a white shirt and boutonniere pinned to tempting smell of the hot savory pastry, their chests. After a funny speech and a skinless sausage wrapped in a flaky several crust, interrupts our singing and we dig transmitted over a loudspeaker to the in. I feel so special and more part of our church square, I follow the parade that community than ever before and I think continues through the rest of downtown. everyone else feels the same way too.

> After a few more songs we say our lunch of Wurstweggen. At 12:30 the goodbyes and head home in anticipation next morning's Kinderfest, Zofingen's most beautiful day of the to Zofingen. I walk with my mother also year.

happiness fills my heart as we sing one lying in bed, I hear the city-band song after the other. Without even a marching through the narrow, ancient

watching the parade of the city's Meanwhile, the baker next door has children. Over a thousand kids, between songs bv the children.

> I, like everybody else, go home for a boys have to be back to assemble for the "battle" on the hill called Heiteren, next slowly up the hill in the warm sunshine and amidst the sound of bugles, gunfire, galloping horses, and chatting children. We then sit on the slope of the meadow and watch the inevitable win of the boys over the adults

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the older girls in floor-length wispy drinks, white dresses. The dancers gracefully in and out of circles and so entertain the community. I am surprised to see how nice it looks after having hated participating in the dance until last year. All I could ever see then were the clumsy first hours of practicing that were filled with embarrassed giggles and plenty of imagined ridicule.

tables and get assigned to one. We start setting up. We evenly place a sausage, a bun, a slice of Kinderfestkuchen on a napkin, and a cup for 15 children on

Next comes the girls' dance. The pianist, each side of the table. The benches fill square to build a huge bonfire. The Frau Wolf plays Tchaikovsky's Flower slowly with 4th graders and we are kept community adds an outer ring to the waltz to accompany the movement of busy refilling cups, cleaning up spilled circle and, while the fire reflects off the and answering move questions.

Soon it is getting dark. Teachers reassemble the students and hand out, depending on age, a paper lantern with a When all are lit the city's marching band www.youtube.com/watch? leads the long glowing band of lights v=mThG8kElsDE back down the hill between the cherry orchards and through the blacked out We walk over to the long, empty picnic downtown to the Thutplatz playing the "Zofinger March" over and over.

> The children form a large circle and soon all the burning torches are thrown into the middle of the cobble stone

numerous windows of the surrounding medieval houses, everybody starts to sing the final Kinderfest song. We will be staying around the fire in silence until the last ambers disappear.

candle inside or a 3-foot long torch. I invite you to hear the bells at: https://

Ruth Mansukhani is a Neenah resident for the past 39 years. She is married to Ishwar Mansukhani and has two sons. She is originally from Switzerland and has also lived in Rome, Italy, and New Jersey. In her spare time, Ruth enjoys teaching kids science.

Summer Nostalgia

By Sonu Pareek

rich sensory experience.

Long before the arrival of summer in my hometown with its beautiful song, the warm spring air, bearing the smell of bougainvillea, would make me write a prelude to the season's song. Most of us think of summer as a season, but to me, it almost takes up a persona of a dignified songstress whose song can be heard in the sweet chirping of koels, cuckoos, and peacocks. This melodious song is carried far away by the breeze, touching the flower buds, and sung by the kids in their laughter. The summer season arrives like a visitor, who is glamorous, natural, carefree, and happy.

My nostalgia about summer takes me back to my childhood. The smells, aromas, and fragrances still invoke the presence of this season. Summer was in the air with its scents galore! The day would begin with the warm, sun-kissed smell of blooming lotuses in the little pond by the front gate of our house. The

Every season arrives with the eternal early afternoon was filled with sweet Jasmine) would blow in, creating a promise and reassurance of slowly smells of Frangipanis, Plumerias, and heavenly atmosphere of an enchanted fading away, in order to appear again, Tuberoses, tended carefully by my great garden. in due course of time. As the seasons -grandma in the backyard. I would change, so does the landscape, scenery, never check the time on the clock, for colors, scents, and lifestyles. People these fragrances would become the acknowledge these changes externally timekeeper. The lazy, late afternoon but I internalize them, making it a very would be greeted by sweet, ripe, mango smell, with a subtle hint of watermelon and cantaloupe, filling the verandahs. The afternoon would soon change to evening, where the delicate aroma of sandalwood welcomed everyone. This was because of the sandalwood paste that was applied before our evening bath. As the night descended, the entire spectrum of scents shifted to the night blooming flowers. The memory is vivid of the season and the smells, so rich and potent to still tantalize the olfactory nerves. Every summer night as a child, I slept on the terrace with my siblings and my grandparents. The floor was swept and washed, and upon drying, our mattresses were lined up with white sheets and pillows all wrapped up in the mosquito nets. My grandpa would order the fresh flowers to be picked and promise to visit again. placed by our pillows, ensuring that we partake in the great scents of the season. The smells of Jasmine, Raat ki Rani (Night Jasmine) and Har Singhar (Coral

My family's love affair with the fragrances was extremely passionate. It even showed in the foods we ate. Rose flavored milk shake would replace the warm cardamom milk, which we drank all winter. The water we drank from the earthen pots had a hint of Kewra (Pandanus flower extract). The dals were also garnished with mint instead of cilantro. For the long summer siestas, the room was cooled off with Khus Khus (Vetiver grass). The summer was a total delight to the sensory nerves.

Sometimes in my sleep, I see myself laying next to my grandparents and counting stars on the terrace of my ancestral home. The smell of Mogra and Chameli fill my space. The visitor -Summer, with her lilting variety of fragrances, stands by the grand doorway waving goodbye. She looks resplendent in her muted shades, still carefree and spirited, reassuring me with the eternal

Sonu Pareek has been a long time resident of Fox Valley. She is an avid reader and traveler. In her free time she loves to socialize and entertain. She lives in Appleton with her husband and two sons.

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My Summer "Fun Things To Do" List

By DeeAnne Priddis

Every spring I begin to make huge plans have recently learned to love with him. best relief. summer plans usually include camping, Association trying!

I enjoy camping weekends with family and friends in our beautiful Wisconsin State Parks. Although we like trying new state parks, I limit my list to campgrounds with flush toilets and Our favorites shower houses. campgrounds Devils Lake. Peninsula, Potawatomi, Willow River, and Perot. We usually make it to only one of these a year, but try to vary this A great way to cool off from a long bike each year. We are fortunate to have ride is to spend time swimming. We are High Cliff State Park in our own fortunate to have a pool in our backyard, backyard, which is great to camp with which we can use for a quick cool off or friends that may prefer to drive home at an afternoon of visiting with family and night to sleep in their own beds. This friend. Although we do not swim in our state park is a great hidden jewel in our pool as much as we wish we did, we are community, as it also offers great hiking always welcome to the suggestion. I am and biking during the day.

Biking is a passion of my husband that I

for the short Wisconsin summer. My We are part of the Fox Cities Cycling (http://www. biking, walking, swimming, spending foxcitiescycling .org/), and participate in time with family and friends, and several moonlight rides with the group. several short trips. How do we fit that This great bunch of people have also all in just 12 weeks of summer? We encouraged me to participate in charity don't, but we sure have a great time rides within our community, as in the Best Friends Gourmet Bike Ride (http:// www.bestfriendsnm.org/news--events/ gourmet-bike-tour) coming up at the end of July. I am all about stopping every 15 miles or so to eat and take a break. Mark got me interested in the Door County (https://www.doorcounty Century ride last year century.com/) combining my favorite things of biking, Door County, and snack breaks.

> actually looking forward to the heat of the summer in which the pool offers the

Lastly, I enjoy taking many short trips during the summer. A weekend trip to visit family or friends is always fun. Since I often have a lighter schedule during the summer, we find it much easier to get away to attend a festival, event, camp, or check out a new area. This summer we hope to get away for a long weekend in Minnesota with our

Although we may not get to this whole list before summer comes to an end, I hope to make the most of summer. My goal is always to have a fun packed summer with great memories to help me get through next January and February in anticipation of next summer.

DeAnne Priddis has lived in Appleton since 1996 with her husband, Mark Priddis. They have two adult children - Brian also lives in Appleton, and Megan is a senior at Loyola University in Chicago. DeAnne earned her PhD in Communication from UW Milwaukee in May 2015, and will begin this fall as a full-time Communication Instructor at UW Oshkosh.

Moonlight Madness and Picnics

By Manjari Chatterji

Poets everywhere have waxed lyrically, and full moons justly celebrated for The preparations were intense. In turn, sadly, ecstatically and drunkenly about their near-day-like brightness. Such it once a year, members of the gentry the moon. Before the Moon Landing, was in Allahabad when the tradition of offered their spacious and wellbefore science "disenchanted" Nature, the moonlight picnic was held during maintained lawns for the occasion. The before telescopes and computers, the Sharad Purnima, when there was the grass was mown the night before and moon was magical and mysterious. She faintest wisp of a chill in the air, and all the lawn roller used to create a perfect, was held responsible for tides, for the ladies of the households outdid level green carpet, sprinkled with water moods, and for the growing—or not— themselves in making sweets and other to tamp down dust and awaken the of vegetal life. She has been praised and festive foods. Because Allahabad had a scented flowers in the surrounding beds blamed and painted and adopted as a long standing literary tradition, under and borders: jasmine, moonflower, symbol in countless ways. But few the able guidance of Dr. Amarnath Jha, hasnuhana-- of course, and perhaps experiences can capture the charm of a Vice Chancellor Allahabad University, frangipani, shiuli, and angel's trumpets. moonlight picnic from the days when I and literary scholar of renown, the The picnic started after the moon rose was a child.

Those of you about my age, will agree that in India when we were growing up, the night sky was unpolluted by artificial light; the dark was really dark,

sales of fancy sweets and confections.

picnic was transformed into more of a and flooded the sky. It was bright secular event with poetry readings, and enough to read by! The lawn was dotted fund raising for good causes through the with wicker chairs and tables, that stood out starkly white, and at one end were tables covered with cloths Sandesh

where the foods were piled. The guests My mother's particular expertise was the shallow steps of the verandah that -about people—arrived began, recitations and readings....

of the society with help of their retinue drained, so the final effect is like a pilaf, enchantment of the evening. of cooks and bearers. The Ladies with raisins and nuts and rose petals and societies and purdah clubs of Allahabad saffron. This my mother made in many are well documented and photographed. batches in huge quantities! Dr. Jha who Women came together to discuss loved this sweet, bought most of it education, village uplift, folk medicine, ostensibly literature, music and politics. The All- suspects—no, he confessed as much— India Women's Conference was held at because he waited all year to eat it! the Purdah Club, Allahabad, in 1934 with leading names: Lady LG Mukerji, None of this mattered to me at four or Mrs. P.N. Sapru, Sheila Dhar, Miss five years old. It was the chance to stay Agha and many more. The spirit of up, to mingle in the moonlight, to eat service and national pride mingled with unrestrainedly, to inhale the perfumed social elegance and joyous celebration garden, and break with daily regimens. on the occasion of the Moonlight Picnic. My sister, my cousins and I would sit on

and the Bengali sweet called Sitabhog. This faced the garden, and marvel at the admired the garden, the flowers, the elaborate and very difficult sweet is an fireflies we captured and placed in little decorations. Introductions were made, exercise in patience and accuracy. The glass jars. There they twinkled like little the poets established on a slightly panir is pushed through a special sieve moons and stars and filled us with a raised, carpeted dais. The speeches and fried in heated, but then cooled wonder only children can feel. One The picnic was prepared by the women is then placed in syrup, but immediately and add their tiny lights to the charity—but for

ghee, so the panir does not turn brown, hopes we let the little fellows out after a and looks exactly like grains of rice. It bit, so they could enjoy the picnic too,

> Manjari Chatterji, born just before Indian Independence, had a fun life relocating often as a "Railway Brat" learning Hindi, Bengali and Gujarati as needed. Her first teaching assignment took her to Darjeeling, Loreto College and then via Calcutta University to the US. Her husband and she went from New York to North Carolina and finally settled in Wisconsin, where she has taught at UW Oshkosh. She enjoys time with her family and friends, and of course her garden.

What Summer Means to Me

By Anusha Maheshwari

Summer is the warmest time of the school, grades, or homework. Summer plan where you can hang year, when everyone gets together and is a time where I can just kick back and Sometimes it is too hot outside, so you has fun, but originally this was not what relax. However, this is just a small part have to stay indoors so you don't get summer meant. This season was for of summer. The season has its many sunburn, which is no fun. families who farmed, so their children perks; like being able to go swimming, could help with the crops and tend to party with friends, go hiking, or even Nowadays, many of us are not farming are also certain foods that you can only families, but summer still means eat in summer, like watermelon and something to us.

and also go to school, just having a nice time outside. There pineapple.

What summer means to me are many But summer also has it downside. This is the only time of the Instead of seeing your friends everyday, year where I don't have to worry about like during the school year, you have to

Clearly, summer means many things to me, and it should for everyone.

Anusha Maheshwari is the eldest daughter of Yogesh and Sandhya Maheshwari. She will be an 8th grader at Classical Charter School in the fall of 2015. She enjoys swimming, biking, camping, photography, reading, and music.

To Summer

O thou who passest thro' our valleys in Thy strength, curb thy fierce steeds, allay the heat That flames from their large nostrils! thou, O Summer, Oft pitched'st here thy goldent tent, and oft Beneath our oaks hast slept, while we beheld With joy thy ruddy limbs and flourishing hair.

Beneath our thickest shades we oft have heard Thy voice, when noon upon his fervid car Rode o'er the deep of heaven; beside our springs Sit down, and in our mossy valleys, on

Some bank beside a river clear, throw thy Silk draperies off, and rush into the stream: Our valleys love the Summer in his pride.

Our bards are fam'd who strike the silver wire: Our youth are bolder than the southern swains: Our maidens fairer in the sprightly dance: We lack not songs, nor instruments of joy, Nor echoes sweet, nor waters clear as heaven, Nor laurel wreaths against the sultry heat.

- William Blake

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Visit our website at

www.indusfoxvalley.org

Contact us at indusfoxvalley@yahoo.com

News ...

Presentation at Huntley Elementary School: January 21, 2015

IndUS was by Huntley invited elementary school make to presentation on India. Sonu Pareek, Sridevi Buddi and Richa Mehrotra planned a presentation on the theme of "Festivals of India", mainly focusing on Diwali, a major festival of lights. A slide show was followed by a craft Passage to India Concert: A activity of making Rangoli designs. Each of the fifth graders got to paint and decorate a Rangoli on a pre-traced India. They were shown a You Tube ADIRE bread, "rotis". To our volunteers' tried to make rotis by following the and renewable energy. An exhibition online recipe. They wrote about it in their letters of appreciation. The presentation ended with the students dancing to the Bollywood dance numbers. They wanted the volunteers to promise to come back and make this an annual event.

Diversity Fair at Neenah High School: April 24, 2015

Presence of IndUS volunteers has become an annual feature af the Diversity Fair at Neenah High School, ever since it started fourteen years ago. The teenage students stand in long lines to get henna tattoos. This year we



raised \$200. to be donated to a worthy local charity. New this year were samosas, tandoori chicken and lassi mango for sale. We also had Indian clothes

and bindis to try for free. The organizers of the fair appreciate IndUS volunteers' contribution to the fair. Our

volunteers enjoy sharing Indian culture with young teenagers. It is indeed rewarding to hear that they eniov our presence at the fair.



concert by a celebrated world-class percussionis trio organized by IndUS of Fox Valley in foam board. They also enjoyed tasting collaboration with ADIRE during a festival foods like samosas and mango fund raising dinner titled 'Passage to lassi. The curious fifth graders wanted India' on Friday, May 1st, 2015 at to know more about the staple food of Celebration church in Green Bay. non-governmental is a video on how to make staple Indian organization in India that strives to make villages in rural India selfsurprise, the kids with their parents sufficient by using natural resources





on the developmental work by ADIRE, with support from IndUS of Fox Valley and SHAMA, preceded the dinner. A silent auction and performances by local artist groups entertained the guests during the buffet dinner. More than 450 community members attended this event.

The concert after dinner featured three world-renowned artists.

Taufique Qureshi is the worthy torchbearer of a rich legacy of percussion, the son and disciple of the legendary Ustad Allarakha and brother of the maestro Ustad Zakir Hussain. Taufiq has been featured as a performing artiste on the 2009- Grammy award-winning album 'Global Drum Project'.

Ramdas Palsule is known as an intellectual tabla player. He has performed all over the world including countries like U.S.A., Canada, U.K., Germany, Australia, Africa and the Gulf Countries.

Milind Tulankar was born in a family with musical background. He started learning music from a very tender age and is now one of the topmost Jaltarang players of India. A BBC production film 'West Is West' has background scores on Jalatarang played by him.



IndUS Of Fox Valley 3600 N. Shawnee Ave. Appleton WI 5491*4*

IndUS of Fox Valley

Presents

IndUS - 2015

Cuisines of India

Saturday, November 21, 2015 5:00 to 9:30 p.m.

Radisson Paper Valley Hotel
Appleton

Exhibition
Social Hour
Authentic Indian Cuisine
Cultural Program