Spring 2011



"The Message"

A Newsletter from IndUS of Fox Valley

From Fditors' Desk

The magic of spring is inescapable. Since the advent of language, poets have sung its glory, and people all around the world have celebrated its arrival with great anticipation, joy, and with music and dance. Hope springs eternal in every heart.

For the great Indian poet Kalidasa, spring meant:

The trees are with flowers, and ponds are filled with blossoming lotuses The gentle breeze carries with fragrance that sets the hearts of lovers to yearn..

from spring thus:

Oh, give us pleasure in the orchard white,

night:

And make us happy in the happy bees,

For little Thumper in Bambi, spring meant pitter-patter, and for most of in Wisconsin, spring means hoping to put away shovels for a few months and look forward to boats, barbeque and beer of Summer. For, spring in Wisconsin is a brief. uncertain interlude!

friends from our in

Like nothing else by day, like ghosts by Sabrina Pruss, spring in Germany means blooming flowers, and Easter celebrations culminating in a dinner. In The swarm dilating round the perfect Afghanistan, the arrival is celebrated as "Melahai Nowroozi" or the New Years Day when farmers get down to seeding and children enjoy the carnivals and rides. Sonja Downing informs us that in Indonesia, the advent of Spring is rather than celebrated. observed, Following a boisterous parade of the demons, Indonesians observe a day of silence and contemplation in Neypi. Finally, from India, Sandhya Sridhar This issue of Sandesh is happy to captures the essence of that naughty, celebrate spring. We feature articles colorful, joyous festival of Holi when Germany, Indian are splashed, painted and Robert Frost captures his expectations Afghanistan, Indonesia, and of course, drenched in colors, and bon fires at India, to capture different rhythms, night bid adieu to winter. The Editorial different colors and different sounds team hopes that you enjoy reading this that herald the arrival of spring. For issue. Please provide your feedback.

Sandesh

An IndUS of Fox Valley **Publication**

Editors

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The views expressed in the articles are not necessarily those of the Editors or IndUS of Fox Vallev

Holi in India

By Sandhya Sridhar

is a harbinger of Spring, a season of new colors. Reds, greens, blues and yellows, beginnings. Oh, how wonderful it was to a handful of powders and pistons filled splash colors on unsuspecting friends, with colored water were weapons neighbors and passers-by! In an instant, enough for hours of revelry. More I become that fun loving child in me. We soaked we got, more we could boast the did not spare anyone, not even strangers next day of how much fun we had.



Holi, one of my most favorite holidays, to pass us without getting splotched by

On a Holi day, my Japanese neighbor in India pulled his camera out and ran towards a colorful bunch of revelers. They were dancing and throwing dusty clouds of colors in air. What a wonderful photo-op! Little did he know that this was one day when even the most mildmannered ones can turn into rowdy ruffians. Whether he liked it or not, he got splashed. He had no choice but be a

sport and take it all in with a smile.

That is the spirit of Holi, a celebration that starts at the end of winter, on the full-moon night of the last month of a lunar calendar. It for five lasts days Rangapanchami. Rang means color and panchami is the fifth day. In some places in Northern India, it lasts even longer. The region of Vrindavan and Mathura where Lord Krishna grew-up the celebration goes collecting on for two weeks. Krishna was and flammable refuse, including continues to be every girl's beloved. furniture to pile it as high as Indian women are in love with him. possible. It's time songs for him, danced with him and bit of precious winter in the warmth played Holi with him.

and stories are told about burning of Every society has at least one Goddess Holika for her demonic celebration that serves like a safety behavior, and a miraculous escape of valve. It allows people to step young Prahlad. Another one is about beyond their normal zone, Lord Shiva opening his third eye and somewhat

spiritual form but in a



firewood for spring-For several millennia they have sung cleaning. It's time to enjoy that last of roaring flames, with family and friends, singing and sharingoh so On the eve of Holi, bonfires are lit delicious ghost stories late into night. silly, disregard burning Kama, a god of love, only to conventions, albeit for a day. Holi is

restore him later, not in a physical Halloween in that sense of the word. sense. On this day young people do not ask Youngsters go around neighborhoods for permission to take stuff from your yard. It just disappears into that tall pile. People are ready and eager to smear perfect strangers with colors. They will even cross otherwise well-guarded gender lines, all in good fun.

> One last lingering memory of Holi was the treat we got the day after the bonfire. We dug out burnt coconuts from the ashes, part of the offerings made to Holika Devi. Cracking open their brown hard shells, now turned into coal and to scoop out that well roasted flesh was a treat out of this world. Will I ever be able to recreate that experience for my kids grownup in Wisconsin? I think not. □

Dr. Sandhya Sridhar teaches at the School of Business Administration, university of Wisconsin Oshkosh. She has been involved with so many activities of IndUS of Fox Valley right from its inception. Currently she serves as the President of the organization.

Nyepi: The Silent Day

By Sonja Lynn Downing & Dewa Ketut Alit Adnyana

There is no Spring in Bali, at least One important Balinese holiday, wooden frames and colorful foam not how those of us from less tropical however, marks the beginning of the and fabric. climates think of the season. Part of new year in a different calendric ogoh-ogoh, are paraded through town the nation of Indonesia, the island of system, called the Caka calendar, carried by large groups of young men Bali is eight degrees south of the which was brought to what is now and accompanied by beleganjur equator. Flowers bloom year round Indonesia from South Asia as early as ensembles, playing drums, cymbals, and trees never lose their leaves. the 4th century C.E. This holiday is and gongs. Even the rice harvests are staggered, called Nyepi, which in Balinese deliberately noisy and festive. Once so that any given vista may include means the "Day to be Silent," and everyone has gotten all of that noise paddies that are filled with water usually falls in March or April and energy out of their systems, they waiting to be planted, some just (March 5 in 2011). On this day we are ready to be quiet the next day for showing the small early shoots of do not work but instead stay at home, Nyepi. green, and others full of golden rice refrain from making loud noises, and ready to be cut. In fact, the main do not use electricity. indigenous calendric system in Bali emergency transportation is banned, is based, not on the solar year or and even the international airport is lunar months, but on the 210-day closed. length of time it takes for the native species of rice to grow and be harvested.

These statues, called These parades are

There are a variety of reasons for being silent on this day. people say that this day particularly bad spirits abound, and so people have taken to staying at home quietly The day before Nyepi is quite the so as to hide from them. In any case, opposite: people create large statues the lack of noise from radios, TVs, of ugly and fierce monsters out of stereos, and especially traffic results

in being able to hear the sounds of quiet with family members. the natural environment clearly and chance to hear and really listen to all directly. Suddenly you are aware of of the natural sounds around us for an house geckos, crickets, and several entire twenty-four hours leaves us different kinds of birds, as well as the refreshed, cleansed, and revitalized. breeze rustling the leaves of the Even though there is no winter of coconut palms.

Some people take the opportunity of this peace and rest to fast and meditate, though others may just spend the time being (relatively)

The which to celebrate the end we think these feelings of renewal are certainly analogous to those brought by Spring in other parts of the $world. \, \square$

Sonja Lynn Downing and Dewa Ketut Alit Adnyana both teach at Lawrence University in Appleton. Sonja is a Senior Fellow and Visiting Assistant Professor of Ethnomusicology. Dewa, a native of Bali, Indonesia, is a Lecturer of Music and directs Gamelan Cahaya Asri, Lawrence's Balinese gamelan (traditional Indonesian percussion music) group. This year they will be celebrating Nyepi in Appleton, quietly.

Spring in Germany

By Sabrina Pruss

and long wintertime everybody is figures people consider it the most beautiful found in almost every for habitats to nest

Based on the fact that nature is coming back to life, people feel motivated to spend more time outside as well. They rearrange things, run into their neighbors, work in their gardens, clean up their houses and feel lively again. Although spring has a vitalizing effect on most people, some suffer from a kind springtime lethargy due to the dark wintertime when not having the opportunity to move a lot outside.

Spring starts in Germany, like in a lot An important event in Germany families get together to spend time of other countries, officially around within springtime is Easter. People and have dinner. A typical Easter the 20th of March. Springtime actually prepare for this holiday in dish is lamb, boiled potato and comprises of the spring months April. Houses get decorated. Easter vegetables. March, April and May. After the cold decorations, for example wooden The following month of May is (rabbits, birds, looking forward to spring. Most colorfully painted, and tulips, can be time of the year because of the Nonetheless Easter does not only warmth and light that they missed consist of a "merry" holiday, it is throughout the wintertime. As the also a time of reflection and sacrifice. sun lightens the earth flowers, trees Before celebrating the Easter lot of and bushes start to grow and bloom people, particularly the elder ones, and everywhere it turns green take part in the fasting period. Friends and birds return back and the Participation in Lenten is actually air is full of smells and twitter decreasing because of weakening Animals are busy building or looking influence of religion and of old traditions. Religious institutions still try to promote fasting. During this time the person fasting is not supposed to eat sweets or other delicacies, things that are considered as a real treat. The intention of this special time is to clean mind and body. The Easter festival commences after the fasting period including Good Friday and Saturday, when no meat but fish is served for lunch or dinner.

On Easter Sunday and Monday most

considered to be one of the most beautiful months of the year as it is starting to get warm outside. Despite the fact that lot of holidays are taking place (e.g. Ascension Day) in May, people love the fact that the days are getting really longer and that there is even more time left in the evenings that can be spent outside.

To sum up it can be said that to most people springtime is like an eagerly awaited holiday, time offering an opportunity to enjoy and to reexperience the beautiful life surrounding us. □

Sabrina Pruss is a student from Germany spending one semester at the University of Wisconsin Oshkosh. Her hometown is Neuenkirchen which is located in the northwestern part of Germany. It is a rural village with about 14,000 inhabitants and characterized by traditions and religion.

In the spring I have counted one hundred and thirty-six different kinds of weather inside of four and twenty hours."

~ Mark Twain

In springtime, love is carried on the breeze. Watch out for flying passion or kisses whizzing by your head."

~ Emma Racine de Fleur

Springtime in Afghanistan

By Yama Waziri

The arrival of spring in Afghanistan has a tremendous impact on the life of the people. The arrival of spring means the start of work for farmers. construction workers and professionals who are dependent on the seasonal work. Due to weather conditions and poverty, construction work in Afghanistan in winter is not possible. So most people wait during winter for the arrival of spring to start with their work and start earning for the coming year. money. Since the arrival of spring has a tremendous meaning and impact on the people's lives, they welcome spring with huge festivals and events.



Children at the Mehalai Noowroozi

The first day of spring, Farmer's Day is also the first day of the new year. It usually falls around March 20th or 21st. People celebrate this New Harvest festival by visiting each The first day of spring in Afghanistan other. The Farmer's day is a public is called "The Farmer's Day". At the holiday. Days before people start same time the first day of spring is preparing for this day, which is one the first day (Nowroz) of the Afghan of the most important days of the year, called "The Farmer's Day" as year. Dependent on the wealth of the from this day on the farmers start to family every family member gets seed their crops. Beside the farmers, new clothes and shoes and children traditionally everybody on this day get money as gift. Of course rich plant some seeds in the backvard, in families are able to spend more while the garden, or in front of the house as poor families are not able to spend a a symbol of growth and prosperity lot of money on new clothes. The

New Year Festival is called "Melahai Nowroozi", translated into English it means "The Festival of the New Day." While the Festival of the New Day lasts 40 days. On the first day people go for picnics with their families or visit other family members. "The Melahai Nowroozi" very much is a fun fair. Children and adults play games, listen to the music, or fly kites. Officially the "Melahai Nowroozi" starts with soaring of Ali's banner, who was the 4th calif and the son-in-law of the

Yama Waziri was born in Kabul, Afghanistan. He left Afghanistan at the age of five and went to Germany where the biggest part of his family had already lived for over twenty years. He grew up in Germany and never ever went back to Afghanistan during this time. Thus, he does not have any memory of spring time and how people celebrate the arrival of spring in Afghanistan. All his impressions expressed here are based on the narrations of his parents. His dream is to experience the arrival of spring in Kabul one day.

A Short Story

A Kannada Girl and a Delhi Spring

By Ratna Rao

Chaya looks around her and absorbs *aalu-tikki*s they grew close. She had blue suit arrived with his wife, fat fingers and the strange pictures guests. But last month Chava dismisses reading as mumbo jumbo. And yet ... here she is listening to the large lady in multi-coloured skirts.

when she sat next to Arvind in Class IX. Over melting kulfis and steaming

the pungent odour of incense, the even settled upon the color of her mother and son. Samosas and burfis mirrored maroon table cloth, the ten wedding saree and his sherwani. She were served. Tea was sipped and glittering rings on the fortune teller's had planned her list of first luncheon mild chatter endured. The 'bov' Arvind hanging on the walls of a dingy mumbled that he had never looked at Chaya tugged at her long sweater, future her 'like that'.

Her clueless father suggested a matrimonial alliance, for an arranged marriage. Chaya agreed to see the It began with that phone call. No, 'boy', if only to spite Arvind! She actually it began seven years ago would show him that she was 'marriage material'.

On Sunday Col. Sundaresh in a stiff

looked confident in his suede jacket. ready to say YES. After two nailbiting days Col. Sundaresh called and very politely said, 'Sorry sir, we compared their astrological charts and found that they don't match. What can we do? God is not willing. Your fine daughter will find a more suitable alliance'.

replays the memory of that phone people. Sedate beige and black has concerts, call. Rejected again? Dismay and given way to alluring lilac and performances have begun. So I guess, shock bring her to this cramped snappy red. Hindi film songs with officially, SPRING is HERE!' room. She hears a jingle of beads and amorous lyrics fill the air. Families a deep soft voice, 'Wait for SPRING. share laughter and dreams. The good positive change in your life'.

Is spring here? Chaya wonders as she 'Chaya, come here' her father urges. goes on her Sunday jog. The Delhi Papa is like that. Little things excite mist envelops the morning air but she him and the family rushes to indulge. does not wear layered clothing 'God has played holi' he says, anymore. Light green leaves appear turning poetic. They crowd into the on branches. They shimmer in the balcony. Down below they see a morning light and smile anticipation. It's as if the trees have some small and some very small, abruptly woken from a deep slumber bloom among the grass and rocks of and stretch in a burst of energy.

... were they always so green and How could she forget? March 19th is her life. Chaya hugs Chiguru and leafy? She has never paid attention to Holi. Holi is associated with Lord takes him into the house. Her papa such details before. She has read that Krishna and his gopikas, with looks on amused and her mama looks spring means new life. Will she meet romance, and with new life. We on, not so amused. Spring is here. CHANGE today?

Nothing momentous happens. week goes by. The temple yard has a radiant row of large dahlias in so many vibrant shades. Purple, pink, yellow and ... look at that one! Its deep red petals flaked with white Does Holi mark the beginning or end streaks remind her of a tiger. Has of Spring? She wonders. 'Papa', she SPRING already arrived?

News ...

Diversity Club, Hortonville High **School:** On October 21, 2010, ber 12, 2010, IndUS IndUS organized a presentation on ed in the Multicultral Night. The Inthe social and cultural aspects of India. This was followed by a classical Bharatanatyam dance by Preeti rekh. Students and faculty oughly enjoyed mehendi and Indian dinator of refreshments served to them. A lively Ouestion and Answer was both interesting and informative.

Spring will change everything. I see Spring Season is called Vasantha Rithu. Has it arrived? She wonders.

> in large patch of colours. Wild flowers, the ill maintained apartment garden.

The pots in her neighbour's balcony 'Oh yeah', Chaya slaps her forehead. will bring a positive good change in we smear a riot of dry powders pink, story! red and purple on wet faces, we sing songs in the courtyards and we devour syrupy sweets. Surely must be Spring. Isn't Holi a spring festival!

> asks, 'Is spring here?' He points at the newspaper, 'Well, the Spring

Chaya sits up with a jerk as she The roads suddenly have more Celebrations, a fortnight of music book releases

> Chaya catches her expectation. 'Wait for SPRING. Spring will change everything. I see good positive change in your life'.

Ting tong, the doorbell beckons. Chava opens the door to a young lady cuddling a brown pup. 'I live in Tower 3. We have a litter of four pups. Would you like one?' Chaya gazes at the beady black eyes. She accepts him tenderly and decides that he is Chiguru. Chiguru in Kannada, a language she speaks at home, means tender new leaf. This tender new leaf squirt coloured water at each other. And that is the beginning of another

> A post graduate in English Literature Ratna Rao has a long career as teacher for High School students and then as Subject Matter Expert in an e-learning company in Bangalore. Now a freelance content provider for publications and online websites she lives in Delhi exploring a new life in a new city.

School, Appleton: On participatdUS featured Indian food, dresses, mehendi, posters, art and craft items. Several young performed an Indian dance. Sriddevi Buddi, the Coor-Educational and Outreach Programs of IndUS, resession turned to the school on December 15 and 22, to make presentations to 2nd and 3rd Graders, respectively. Young

Multicultural Night and Presenta- children were eager participants in tion on India at Ferber Elementary Q&A sessions, and in trying me-Novem- *hendi*, dress-up and refreshments.

IndUS - 2010



IndUS-2010 annual banquet was The assembly in the banquet hall earth-quake affected Haiti. marked tenth anniversary of official formation of IndUS, and IndUS-010 was our twelfth annual banquet. The theme this year was In the Wonderland of Indian Cinema. The evening started at 5:00 PM with a reception, exhibition and a cocktail hour for socialization. A red carpet welcome led the guests through a corridor that was decorated to make them feel like stars attending the Oscars or the Filmfare Awards ceremony!

The exhibition that was organized around three different areas: Indian



Cinema: Now and Then, Cinema as an Escape, and the Parallel Indian Cinema, was both informative and interesting. The exhibition also included live performances entitled Dances from Golden Years by Ashwini Murthy and Monica Singh, Group Therapy, an ensemble of local physicians and friends led by Dr.



Dilip Tannan, performed "A Musical Tribute to A. R. Rehman". Guests, many of them dressed like their favorite film stars, mingled with friends over delectable appetizers and cocktails. It was a great treat all five senses!

again a sold out event. This year commenced with the lamp lighting ceremony. Joining Honorable Congressman Steve Kagen from Eight district, and Honarble Mayor Tim Hannah of Appleton were representatives of IndUS volunteers, Sonja Downing and Srinivas Dadi. Rachel Manek, anchor person on "Good Day



Wisconsin' show of Fox 11 News channel and Sridevi Buddi, Chair of Education and Outreach committee of IndUS of Fox Valley were the emcees.

Consistent with the culture of giving, Dr. Sandhya Sridhar, President of



IndUS. and Dr. Nidhi Kumar. President of India Association of Wisconsin, iointly Northeast presented \$1500 to Ms. Sandy Drexler of the United Way of Fox Cities, and \$500 to Ms. Beth Schnorr of Harbor House, Appleton. Mr. Tim Higgins, Chair of the IndUS Board was joined by Dr. B. S. Sridhar, Coordinator of Investing In Children Program, presented a check for \$3000 to Mr. Curt Detjen of Appleton Downtown Rotary Club toward reconstruction of a school in

spread at the banquet represented cuisine from different regions of India. Chef Peter D'Souza deftly blended a variety of flavors, colors and spices into a memorable feast, prompting guests to profuse praise.

The Silent Auction returned this year with several articles and services to lure a broad range of interests and price levels. We appreciate the support of all donors and buyers. Funds raised will be donated projects serving the needs of children.

The cultural program consisting of a multi-media entertainment, due to a last-minute technical glitch, had to modified into live stage performances only. The audience was entertained by a variety of dances drawn from movies in Hindi, Marathi and Kannada belonging to five different decades. Ashwini



Murthy and Monica Singh performed dances that were based classical Indian dance forms of Bharatnatvam and Kathak. A rigorous, foot-tapping folk dance from a Marathi movie



featured Pranalee Dahiyatkar. Prachee Joshi, Shyamalee Joshi, Sail Joshi, Aishwarya Parulekar, Yash

Sandesh

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The President, Vice President, Secretary, and Treasurer of IndUS Exe. Committee are ex-officio members of the board.

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Ms. Sridevi Buddi (*Education & Outreach*)

Mr. Rajeev Dugal (Fund Raising)

Ms. Kamal Varma (IndUS Banquet 2010)

Dr. Badri Varma

(Publicity & Chief Editor Sandesh)

Visit our website at

www.indusfoxvalley.org

Contact us at indusfoxvalley@yahoo.com a fusion number that drew all the Cultural Context. dancers in the program and many announcements. from the audience. The cultural program was produced, directed and narrated by B. S. Sridhar.

Leadership Fox Cities program, **Fox Cities Chamber of Commerce:** The Leadership Fox Cities observed the Arts day.

On December 14, 2010 and invited IndUS to make a presentation on Indian performing arts. B. S. Sridhar made a presentation on the dances and music of India. This was followed by a music demonstration by Sujal Baherawala followed by a dance performance by Viju Sethu Rao, Pushpa Arava and Charu.

Let's Share

Let's Share is a forum where friends of IndUS come together, share, learn, discuss and grow. The first session of Let's Share this year was held on Sunday, January 30, 2011, at Andrew Commons, Warch Center, Lawrence University, Appleton. Morgan Wiswall, Purchasing Manager, Menasha Corporation, and Kartik had lot of fun playing them. Before Ravel, Senior Director for Green IT, dinner, Sridhar shared a short list of Fujitsu were the presenters and the three possible themes. These were topic was: Sustainability in Practice: determined from voting What We Can Do?" The two themes informative presentations followed by a stimulating discussion. Time Higgins, ChiroServices, and B. Freedom: S. Sridhar, Management Professor at Destiny. Majority of the volunteers University of Wisconsin-Oshkosh were the presenters at Let's Share that Destiny as the theme for IndUS 2011. was held on Sunday, February 27, These included absentee ballots. 2011 at Harmony Café, Appleton. Considering the events unfolding in Presentation and discussions focused the Middle Eastern countries in the "the Art and Power on Networking". The speakers as also doubt help us educate others of a the audience explored the importance, freedom movement that succeeded in benefits and strategies the networking. Future topics for Let's the most vibrant democracies of the Share include: "From Idea to Patent world.

Parulekar, Naveen Shetty, and Nitin to commercialization", "Myths and Thitte. Priyanka Parekh presented a Realities of Yoga and Meditation", fusion number. The finale featured "Sleep Apnea", "Parenting in Multi-Please await

Volunteer Recognition Dinner

On March 19th, IndUS volunteers and their families gathered at UW Fox Valley for an evening of fun, games, good food and good company. This is our way to thank dedicated volunteers for their contribution to IndUS. Every year we also use this forum to select a theme for the next annual banquet, a celebration of Indo-American Two of our active friendship. volunteers, Allen and Sharon Blake were Masters of Ceremony. After refreshments, Aishwarva Parulekar and Kirti Raut shared couple of new group games. Grown-ups and kids



on ten by last the were committee. They were: Festivals of India. Indian Weddings and. India's Tryst chose Freedom: India's Tryst With of past few months, this theme will, no of making India the largest and one of

IndUS Of Fox Valley 3600 N. Shawnee Ave. Appleton WI 5491*4*

IndUS of Fox Valley & Lawrence University

Present

Ustad Ken Zukerman (Sarod)

&

Ramdas Palsule (Tabla)

Saturday, April 30, 2011 6:00 PM

Harper Hall Lawrence University, Appleton